

New Walk to School project launch!



Dear Parent/Carer,

We are excited to tell you about a new walk to school project that our school will be running this year with national charity Living Streets and West Sussex County Council.

Who is involved?

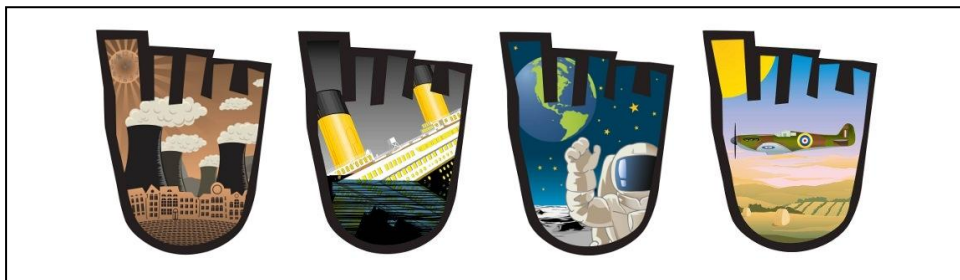
Selected schools in West Sussex have been invited to participate in this project over three years (2012-2015). Everyone at our school will have the chance to be involved including pupils, parents and teachers.

What is involved?

The main focus of the project will be the 'Walk once a Week' (WoW) initiative which all of our pupils can participate in.

What is WoW?

WoW is a scheme run by Living Streets, the charity behind the national Walk to School campaign, which encourages families to walk to school at least once a week. At the end of each month, children who walked at least once every week will receive a special collectable pin badge shown below. There is a different badge to collect for each month of the school year.



What if we can't walk to school?

Even if you live too far away or don't have time to walk the whole way to school, all children can participate in WoW by walking at least 5-10 minutes to school. We recommend 'park and stride' where you park your car away from the school or at a friend's house and walk from there.

Why are we encouraging walking to school?

Under half of UK children walk to school and this number is decreasing, while the number of children being driven to school has doubled in the last 20 years. Our school is taking part because of the many benefits we believe it will bring to our children and the community.

What next?

We will be launched WoW officially on Thursday 13th March and children can start working towards their first badge on Monday 17th March. (The badges are based on a journey through time and the badge for March is a Pirate badge).

If you have any questions about the programme, please contact Mrs Langford, or you can contact your West Sussex Coordinator, Eleanor Togut by visiting www.livingstreets.org.uk/walktoschool. We hope that you join in with this fun project so your family can enjoy the benefits of walking to school!