



 **Activ8 For kids**

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New! Multi Sports Club!



Dear Parents/Carers,

'Activ8' will be running a new multi sports club at your child's school this term every Friday 3:15-4:15pm for nursery, Reception, year 1 and 2. The aim of this club is to teach pupils the fundamental movement skills essential to physical development and to foster an enjoyment of physical activity, as well as build confidence, self-esteem, language and listening skills. Children will learn to recognise the enjoyment they get from being active and will develop a range of skills that will form the foundations of any future activity.

The multi skills sessions introduce a range of sports and activities to your child. We introduce the skills, techniques, rules and regulations of a wide variety of sports and activities, from basketball to gymnastics, football and many more. All children are encouraged to take part to a level that suits them and through which they can see their skills develop into superstars of the future.

As well as developing their social skills, getting physically active and having great fun with friends, your child will also learn the key attributes to develop core physical skills and techniques as well as competing against themselves and others along the way!

Sessions will start on Friday 15th September and will run for 5 weeks. The cost is £3.25 per session, payable in half termly blocks of £16.25 (we offer a 25% discount to siblings). To book your child a place please follow: <https://activ8.class4kids.co.uk/term/4/Autumn+1> Payment can be made directly through the booking site using BACS, credit card or cash can be given directly to the coach at the end of the first session. If you have any queries or issues with booking please contact us directly at info@activ8forkids.co.uk or chris@activ8forkids.co.uk.

Sessions are planned by a trained and experienced PE teacher and qualified coach. All Activ8 staff are CRB checked and have undergone first aid and child protection training. Activ8 also has £10 million Public liability insurance.

Yours sincerely

Debbie Webb

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